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University of Toronto

School of Physical and Health Education

REFRESHER COURSE PHYSICAL EDUCATION

Name Eleanor Ne. Keyrs

FULL COURSE

APRIL 6, 1945.

Alumnae Officers Chosen

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Margaret Eaton School Alumnae
Association met at the home of
Miss Louise Mackenzie, with Mrs.
E. R. Lea presiding. Reports showed
food and knitted garments sent to
the adopted ship, donations to the
Red Cross, and ditty bags and
woolen goods to the Navy League.
Wool was distributed, and the annual luncheon was planned for May
at the Granite Club, with Miss.
Elizabeth Pitt as speaker. Mrs. H.
B. Henderson was elected president;
vice-president, Mrs. E. R. Lea;
treasurer, Miss Dona Smellie; secretaries, Mrs. A. D. Gunn, Mrs. S. C.
Burnet; wool, Mrs. Lionel Conacher; ship conveners, Miss Dorothy
Prat, Mrs. E. S. Heaton; publicity,
Miss Peggy Stewart.

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UNIVERSITY OF TORONTO SCHOOL OF PHYSICAL AND HEALTH EDUCATION

REPORT OF REFRESHER COURSE, DECEMBER 1944

The 1944 Refresher Course in Physical Education conducted by the University of Toronto School of Physical and Health Education closed with a registration of seventy-seven.

During the past five years the registration has varied as follows:

1940	1941	1942	1943	1944
110	64	73	100	77

A comparison of the shift in personnel for the four largest groups shows:

	1943	1944
High School Teachers	42	26
Y.W.C.A. Instructors	20	14
Public School Teachers	8	7
Private School Teachers	3	3
Others: (University, College, Normal School, Recreation, Playgrounds etc.)	27	27

The attendance of Toronto teachers remained fairly constant. Last year there were 35, this year 31. Montreal dropped from a group of twelve to one representative, but the out-of-town members deserve, we think, a margin for transportation difficulties, not to mention the problem of accommodation and Toronto's typical Canadian winter.

The three distinctive features of the Refresher Courses have been: 1. The guest instructors from out-of-town. 2. Essentially practical work with participation the major factor. 3. The fact that teachers from a cross section of schools, colleges, YWCA's and recreation centres work together to determine the sum of what they know and how best to impart it to their students.

This year Miss Eleanor Struppa from Randolph Mocon College, Virginia, and Miss Lorraine Paterson from Owen Sound Collegiate, Ontario, were the out-of-town highlights. Miss Struppa's work at Randolph Macon College is centred in The Dance and the co-relation of Dance with other art forms. At the Refresher Course, however, she taught rhumba, tango, jitterbug and Mexican Dances. This work was thoroughly enjoyed and from all accounts it was highly entertaining to watch. Miss Lorraine Paterson arranged some special work for the course - 'Breaks and Patterns in Gymnastics'. This was very much appreciated. Miss Paterson is a Physical Education teacher of whom Ontario can certainly be proud.

Dr. Ryerson Director of the School of Physical and Health Education, took charge of the curling instruction at the Granite Club. Assisting Dr. Ryerson was Mrs. H.G. French convener of the Ladies' Curling. This was an unqualified success, and it is hoped it will be the beginning of a new curling era. By special request, Miss Elizabeth Pitt of the Eaton Girls' Club, taught a follow-up session in archery from her work of last year. The use of the indoor target was new to many. Members of the staff of the School of Physical and Health Education were responsible for the other activities including:

Bowling Instruction - Miss Florence Somers
Recreational Gymnastics - Mrs. Shirley Naylor McCatty
Character Dances - Miss Jean Forster
Square Dance Calls - Mrs. Margaret Graham
Dancing for Fun - Miss Dorothy N.R. Jackson

A summary of the comments made by those taking part would perhaps be the best means of indicating the value of this work. Roughly the ideas fall under three headings:

1. The stimulation of participating once again as a member of a class in Physical Education and being taught rather than teaching.

2. The inspiration of working with a group of active teachers in the profession and

exchanging ideas in informal discussions.

3. The unique opportunity of observing the teaching techniques and methods of presentation used by the guest instructors; and, closely allied, the addition of further practical material.

Dorothy N. R. Jackson

Assistant Professor in Physical Education

Chairman, Refresher Course Committee